Campus Resources

- Employee Assistance & Wellness (EAW)
 - o HLC Rm 2601
 - o Phone 523-1552
 - Assist employees and their families with personal and professional issues. Benefit eligible employees and covered family members can receive short term counseling for work or personal issues including but not limited to stress, depression, lifestyle management issues, addiction, and grief and loss. All employees have access to other services such as conflict management, wellness seminars and workshops, and consultation for supervisors in dealing with workplace challenges.
- Equity and Access Office (EAO)
 - o Old Main Rm 113
 - o Phone 523-3312
 - Assist in ensuring the university provides a safe working and learning environment with equal opportunity for all. Help with accessibility and accommodations for individuals with disabilities, address discrimination and harassment complaints, and address questions related to equity and affirmative action in the employment process.
- <u>Human Resources</u> (HR)
 - Centennial building, 441 S Beaver St
 - Phone 523-2223
 - Provide training opportunities, answer questions related to benefits, help with leave of absence requests (FLMA, extended medical leave, absence without pay, etc), provide employee relations resources (performance issues/appraisals, employee rights, disciplinary actions, organizational effectiveness, etc), and generally a great resource for referrals to other departments/resources on campus.
- <u>Center for University Access and Inclusion</u> (CUAI)
 - o <u>CUAI@nau.edu</u>
 - Coordinate diversity and inclusion efforts across university. Hosts several diversity commissions, including the
 - LGBTQIA Commission
 - <u>Commission on Ethnic Diversity</u>
 - Commission on the Status of Women
 - <u>Commission for Native Americans</u>
 - <u>Commission on Disability Access and Design</u>
- Inclusion and Multicultural Student Services (IMQ)
 - University Union Rm 105
 - o Phone 523-5656
 - Provides information and resources focused on gender, sexual, and racially diverse populations. Students have access to computers and administrative support, peer advising, financial aid guidance and counseling. IMS sponsors

several student clubs and organizations. They also provide training and information to departments and supervisors.

- o LGBTQA resources
 - Safezone training is available to all students, staff, and faculty. Schedule training through the Learning and Development section in Louie > Self Service.
- o Dreamer/DACA resources

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- Faculty Ombudsman
 - o <u>Ombuds.office@nau.edu</u>
 - o Phone 523-8767
 - Assist faculty in resolving university-related issues, concerns, or conflicts. The ombuds operates independently of formal reporting processes and does not limit individuals from pursuing the matter at higher levels. Conversations are confidential with exception to the university's mandatory reporting requirement.

<u>NAU Counseling Services</u>

- Health and Learning Center, 1st floor (right from main entrance)
- o Phone 523-2261
- Short-term counseling services for students.
 - Individual, couples, and group counseling offered
 - Substance abuse programs available
 - Triage services for students experience a psychological emergency
 - Transcare counseling services available
- First visit is free for students enrolled in at least one credit hour who have paid the health and rec fee for the current semester
 - Subsequent visits are at a reduced rate
- Health Promotions
 - Health and Learning Center, 1st floor (left from main entrance)
 - o Phone 523-2131
 - Provide outreach and support for preventative mental and physical health to support academic success including information on mental health, nutrition and fitness, sexual health, relationship violence, sexual assault, alcohol/drug abuse and recovery. Connect students with related resources on and off campus. Houses the Victim Witness satellite office where students, staff, and faculty have access to confidential support related to sexual assault, domestic violence, and other crimes independent of the university reporting system. Hosts events and groups such as Paws Your Stress, Stressbusters, Collegiate Recovery (recovery/sobriety support), and others.
- <u>Center for International Education</u> (CIE)
 - o Blome Building
 - o Phone 523-2409
 - Provide services to students, staff, and faculty related to international education including assisting international students and scholars with immigration requirements; helps coordinate study abroad opportunities for students and

faculty; helps faculty integrate global perspectives into curriculum; provides passport services to students, staff, and faculty; among other services.

- Disability Resources
 - Health and Learning Center Rm 2050
 - Phone 523-8773
 - Provides support to students and faculty to ensure those with disabilities have access to resources needed to be successful including but not limited to sign language services, priority registration, assisting with housing accommodations, providing a distraction reduced testing center, time extensions for tests, alternate format for print matter, and note taking. They also provide access to assistive technology and equipment.
- <u>Native American Student Services</u> (NASS)
 - Native American Cultural Center Rm 100 (bldg. 14)
 - Phone 523-8086
 - Provide support to Native American students including peer mentorship; one-onone academic, financial aid, personal, and cultural guidance; connecting to resources; promoting cultural events; and hosting space to gather or study with access to computers, printers, and faxes. Works alongside the Native American Cultural Center

More resources to come!